



Joint Base Anacostia-Bolling Military & Family Readiness Center 2023 Transition Assistance Program Workshops

All Courses Require Pre-Registration <https://mfr-jbab.timetap.com> 202-284-4473

Step 1: Initial Counseling

By Appointment Only—e-mail <https://mfr-jbab.timetap.com> for more information.

Step 2: Pre-Separation DoD Transition Day (Monday) 0800-1600	Step 2: VA Benefits and Services (Tuesday) 0800-1600	Step 2: DOL One Day, EFCT (Wednesday) 0800-1600	Step 3: DOL 2 Day, Employment Track (Thursday-Friday) 0800-1600
January 9 January 23	January 10; January 24	January 11; January 25	January 12-13; January 26-27
January 30; February 6	January 31; February 7	February 1; February 8	February 2-3; February 9-10
February 27; March 13 ; March 27	February 28; March 14 ; March 28	March 1; March 15 ; March 29	March 2-3; March 16-17 ; March 30-31
April 3; April 10 ; April 24	April 4; April 11 ; April 25	April 5; April 12 ; April 26	April 6-7; April 13-14 ; April 27-28
May 1; May 8 ; May 15	May 2; May 9 ; May 16	May 3; May 10 ; May 17	May 4-5; May 11-12 ; May 18-19
June 5; June 26	June 6; June 27	June 7; June 28	June 8-9; June 29-30
July 10; July 17 ; July 24	July 11; July 18 ; July 25	July 12; July 19 ; July 26	July 13-14; July 20-21 ; July 27-28
August 7; August 14 ; August 21	August 8; August 15 ; August 22	August 9; August 16 ; August 23	August 10-11; August 17-18 ; August 24-25
September 11; September 18 ; September 25	September 12; September 19 ; September 26	September 13; September 20 ; September 27	September 14-15; September 21-22 ; September 28-29
October 16 ; October 23 October 30	October 17; October 24 October 31	October 18; October 25 November 1	October 19-20; October 26-27 ; November 2-3
November 6; November 27	November 7; November 28	November 8; November 29	November 9-10; November 30 – December 1
December 4 ; December 11	December 5 ; December 12	December 6 ; December 13	December 7-8; December 14-15

Step 4: Capstone

By Appointment Only—e-mail <https://mfr-jbab.timetap.com> for more information.

Step 3: Additional 2 Day Training Tracks:

DOL Vocational Career & Credential Exploration Track	SBA Entrepreneurship Track (Boots to Business) 0800-1230	DoD Education Track	<p>!!! All Courses Require Pre-Registration !!!</p> <p style="color: purple;">Executive TAP (O-6 and E-9)</p> <p style="color: green;">Senior TAP (O-5/O-4 and E-8/E-7)</p> <p style="color: red;">By Appointment Only—E-mail https://mfr-jbab.timetap.com for more information.</p>
March 9-10	January 18-19	Email Education Center to schedule: 11FSS.JBAB.FSDE@us.af.mil	
July 6-7	May 22-23		
September 7-8	August 29-30		
	October 11-12		

Additional Employment Workshops

!!! All Courses Require Pre-Registration !!!	Franchise Workshop (0900-1200)	LinkedIn (1000-1130)
	January 20	February 15
To register contact	May 24	June 21
https://mfrc-jbab.timetap.com	August 31	September 20
or 202-284-4473	October 13	December 20
Acing the Interview (0900-1100)	Salary & Benefits Negotiation (0900 - 1030)	Marketing Yourself for a Second Career (0900 - 1100)
February 9	February 23	January 11
May 11	May 25	April 12
August 10	September 28	July 12
November 9	December 7	October 11

Federal Resume Writing	Private Sector Resume Basics	VA Stand Alone (1000-1130)
ALL RESUME WORKSHOPS WILL BE CONDUCTED VIA ONE-ON-ONE	ALL RESUME WORKSHOPS WILL BE CONDUCTED VIA ONE-ON-ONE	January 4, Benefits 101
https://jbab-employment.timetap.com	https://jbab-employment.timetap.com	Feb 15, Disability Compensation
		March 22, Education Benefits
		April 19, Life Insurance Benefits
		May 31, Benefits 101
		June 14, Disability Compensation
		July 5, Education Benefits
		August 2, Life Insurance Benefits
		September 6, Benefits 101
		Oct 4, Disability Compensation
		Nov 15, Education Benefits
		Dec 20, Life Insurance Benefits